

Scalp Care and Hair Growth Formula

100 mL glass spray bottle

50 mL 99.995 percent pharmaceutical-grade DMSO

20 mL preservative-free aloe vera gel juice

30 mL distilled water

6 drops 100 percent pure essential oil of rosemary

4 drops 100 percent pure essential oil of peppermint

Since formulating my DMSO hair growth spray, I have had many happy testimonials about how the spray helped not only grow hair but also heal the scalp, put an end to dandruff, balance oils, and reduce gray hairs. I infuse the solution I sell in my store with horsetail (*Equisetum arvense*), also called bottlebrush or shavegrass, and add rosemary and peppermint extracts as well, but here's a simpler solution that you can easily make at home.

Using a funnel, pour the DMSO into the glass spray bottle. Add the aloe vera gel juice, distilled water, and essential oils of rosemary and peppermint. Replace the spray nozzle and shake well. Spray on clean, dry hair and scalp. Make sure you use all-natural shampoo and conditioner to clean your hair. Use as many sprays as needed to cover the target area in a larger circumference than the area you are trying to treat. Let the spray absorb fully. Shake the bottle well in between applications. For long-standing alopecia or male pattern baldness, be consistent with applications; one to two times daily is ideal. In some cases, it can take up to a year of use to see serious growth.