

## **pH Structured Silver - pH Travel Ready Kit**

### **NASAL SPRAY**

- **Sinus Support**

Spray 1-2 puffs (followed by deep inhalation) into nasal passages to help protect the nose and sinuses from developing bacterial, viral or fungal infections 2-4 times daily as needed. Many people report using this application effectively when confined to tight spaces such as on airplanes.

- **Sinus Infections**

Spray 2-3 puffs of silver intranasally, followed by deep inhalation, 2-4 times daily.

- **Allergies**

While silver does not cure allergies, its anti-inflammatory effects have been known to dry the flow of a runny nose for some people.

### **DROPPER TOP**

- **Eye Infections**

Most eye infections are associated with viral or bacterial infections. Silver has demonstrated to be highly effective at rapidly clearing these infections.

Apply 2-3 drops of silver liquid directly into the eyes 2-4 times daily. It is best to keep eyes closed for about 5 minutes to give the silver time to work. If the eyes are sore, the silver may cause a slight stinging sensation at first but will go away quickly and be replaced with a soothing sensation.

***Note:** The US EPA has reported that silver is neither an eye nor skin irritant. Silver nitrate has also been used in the eyes of newborn babies for over a hundred years because of its ability to combat eye infections. ( U. S. EPA Registration Eligibility Document for silver (RED Document), Page 2-3)*

- **Dry Eyes**

The anti-inflammatory effect of silver provides a very soothing effect on dry/tired eyes. Apply 2-3 drops in effected eyes.

- **Ear Infections**

Due to ear infections being the result of viral and bacterial infections in the middle ear or external ear canal, silver has been known to be very effective at rapidly clearing these infections. Lay on your side and put 2-3 drops in each ear 2 -4 times daily. It is important to allow the drops to stay in the ear canal for several minutes each before changing positions to allow the silver to work effectively.