



Liver Bundle

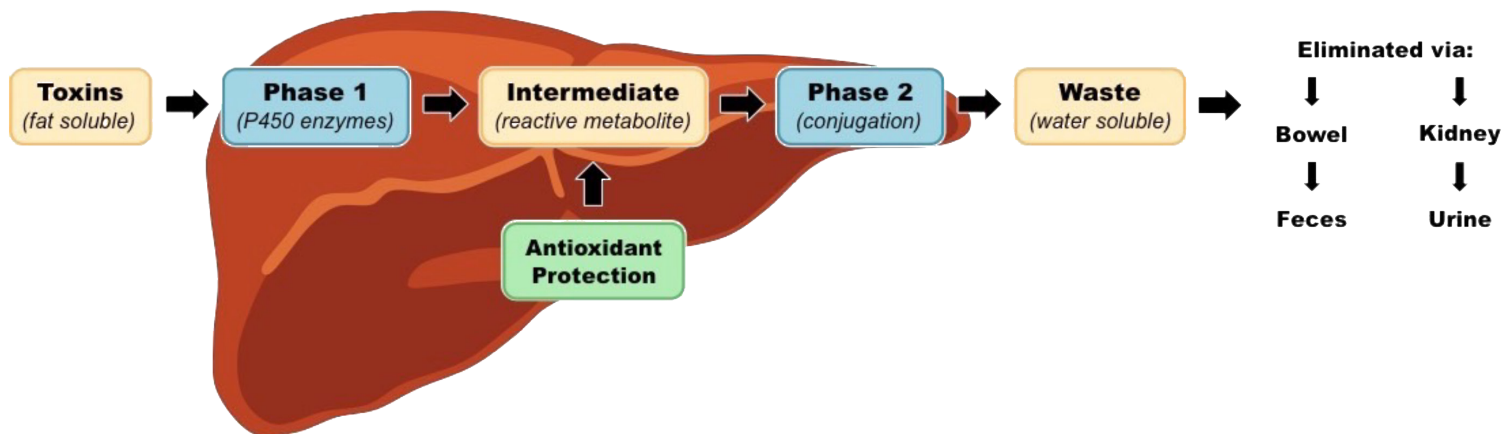
Love Your
LIVER



The Love Your Liver Program

A 10-day liver detoxification, followed by 30 days of liver support to stimulate liver repair and regeneration.

With the liver being the primary filtration system of the body, it is important to keep liver detoxification processes running smoothly. Otherwise, the efficiency of the liver to convert toxins to waste products is reduced and other important liver processes including blood cleansing and nutrient or medication metabolism may become sluggish.



Phase 1 = 10 Days



Taraxa

- ▶ Supports Phase 1 & 2 liver detox

Taraxa Liver benefits: contains herbs, vitamins and minerals including dandelion, wormwood, turmeric, and Chelidonium. They act to stimulate liver detoxification by promoting hepatocyte activity and greater circulation to the liver.

Taraxa also contains the lipotropic factor choline and herbs that act to protect the liver from further damage.

Recommended dosage: take 2 tablets with warm water 20 min before a meal three times daily.

Phase 2 = 30 Days



HeparPlex

- ▶ Supports liver repair & regeneration

HeparPlex Liver benefits: contains milk thistle and schizandra berry, which provides gentle liver support through liver protective and liver healing properties.

Milk Thistle (*Silybum marianum*) contains the active ingredient silymarin, which protects the liver cells against various toxins and stimulates the liver's own regenerative powers.

Schizandra berry (*Schizandra chinensis*) contain lignans, including schizandrins, which act to prevent liver damage, promote liver repair, and stimulate normal liver functioning.

Recommended dosage: take 1 capsule with water 20 min before a meal two times daily. May repeat for an additional 30 to 60 days.

Liver Bundle



Recommended Use: Used in herbal medicine to promote liver health.

Medicinal Ingredients: Each vegetarian capsule contains:

Milk thistle (*Silybum marianum*; 30:1 QCE 7950 mg, 40% silymarin, fruit)..... 265 mg
 Schisandra (*Schisandra chinensis*; 4:1 QCE 1000 mg, fruit)..... 250 mg

Non-medicinal Ingredients: Magnesium stearate, hydroxypropyl methylcellulose (capsule shell).

Recommended Dose: Adults: Take 1 capsule 2 times a day or as directed by a healthcare practitioner. For prolonged use, consult a healthcare practitioner.

Duration of Use: Use for a minimum of three weeks to see beneficial effects.

Caution/Warnings: Consult a health care practitioner prior to use if you have impaired liver function or if diarrhea persists. Consult a Chinese healthcare practitioner prior to use in cases of exterior condition or when there is heat from excess in the interior.

Contra-indications: Do not use if you are pregnant or breast feeding. Do not use in individuals with known or suspected sensitivity to the listed ingredients.

Keep at room temperature in a dry, dark place. Keep out of reach of children. Safety sealed for your protection.

NPN 80012926 • 60 caps



Recommended Use: Wormwood, dandelion and turmeric are traditionally used to help relieve dyspepsia.

Medicinal Ingredients: Each tablet contains:

Choline (bitartrate)..... 165 mcg
 L-Methionine (dl-Methionine)..... 165 mg
 Wormwood (*Artemisia absinthium*, 4:1 QCE 400 mg, whole herb)..... 100 mg
 Turmeric (*Curcuma longa L.*, 8:1 QCE 600 mg, rhizome)..... 75 mg
 Dandelion (*Taraxacum officinale*, 4:1 QCE 200 mg, roots)..... 50 mg
 Magnesium (Magnesium oxide)..... 17.5 mg
 Celandine (*Chelidonium majus*; 4:1 QCE 68 mg, whole herb)..... 17 mg
 Vitamin B6 (Pyridoxine hydrochloride)..... 10 mg
 Vitamin B12 (Cyanocobalamin)..... 5 mcg

Non-medicinal Ingredients: Magnesium stearate, croscarmellose sodium, silicon dioxide, maltodextrin, dicalcium phosphate dihydrate, microcrystalline cellulose.

Recommended Dose (adults): Take 2 tablets three times a day or as directed by a health care practitioner.

Duration of Use: For use beyond 2 weeks, please consult a healthcare practitioner.

Caution/Warnings: Do not use if you are pregnant or breastfeeding. Consult a healthcare practitioner immediately if you develop any of the following symptoms: nausea, vomiting, loss of appetite combined with itching, yellowing of the skin or eyes, dark urine. Consult a healthcare practitioner prior to use if you take ciprofloxacin, quinolone antibiotics, antiplatelet medication or blood thinners. Consult a healthcare practitioner if symptoms persist or worsen.

Contraindications: Do not use if you have liver or gall bladder disorders, and/or bowel obstruction, stomach or intestinal ulcers, bile duct obstruction. Discontinue use if you develop symptoms of liver trouble.

Keep at room temperature in a dry, dark place. Keep out of reach of children. Safety sealed for your protection.

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