



Glucose Balancer

Healthy Glucose Metabolism



Manage Blood Glucose

- ▶ *Blood sugar balance*
- ▶ *Pancreas support*
- ▶ *Decrease sugar cravings*
- ▶ *Reduce insulin resistance & glucose intolerance*





Multi-Targeted Action for Blood Sugar Control



Fenugreek (*Trigonella foenum-graecum*)

Beneficial compound: 4-hydroxyisoleucine (amino acid)

- Hypoglycemic agent acts to lower blood glucose^{1,2}
- Reduce and regulate insulin resistance³
- Improve glycemic control³
- Improve insulin sensitivity to make insulin more effective³
- Increase glucose-dependent insulin secretion in human beta-islet cells⁴



Bilberry (Blueberry)

Beneficial compound: Anthocyanins (flavonoid)

- Protect pancreatic β-islet cell function (insulin secretion)⁶
- Reduce insulin resistance^{2,5}
- Improve insulin sensitivity in muscle and adipose tissue⁵



Vanadium

Beneficial action: Insulin sensitizer

- Improve insulin sensitivity of liver and muscle cells to the effects of insulin¹
- Improve glycemic control¹
- Mimic metabolic actions of insulin to enhance activity of insulin^{1,7,8,9}
- Lower plasma glucose levels⁸
- Improve markers of glucose regulation (fasting glucose, HbA1c levels)⁹



Chromium

Beneficial action: Insulin sensitizer

- Improve insulin sensitivity of the cells to the effects of insulin¹
- Improve glycemic control¹⁰
- Improve markers of glucose regulation (fasting glucose, HbA1c levels)^{1,10}
- Component of glucose tolerance factor to enhance function of insulin¹
- Mimic insulin to improve insulin signaling leading to glucose uptake¹¹

Zinc

Beneficial action: Insulin sensitizer

- Mimic insulin to improve insulin signaling leading to glucose uptake¹¹
- Improve markers of glucose regulation (fasting glucose, HbA1c levels, 2 h post prandial blood glucose)¹²
- Improve glycemic control¹²
- Improve pancreatic β-islet cell function (insulin secretion)¹²

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Medicinal ingredients: Each capsule contains:

Fenugreek (<i>Trigonella foenum-graecum</i> , 5:1 QCE 1000 mg, seed)	200 mg
Bilberry (<i>Vaccinium myrtillus</i> , 4:1 QCE 800mg, fruit)	200 mg
Zinc (citrate)	1 mg
Chromium (picolinate)	200 mcg
Vanadium (HVP chelate)	10 mcg

Non-medicinal ingredients: Hydroxypropyl methylcellulose, vegetable cellulose, rice flour, magnesium stearate.

Recommended Dosage: Take 1 capsule 1-2 times per day. Take with food and a few hours before or after taking other medications. Duration of Use: Consult a healthcare practitioner for use beyond 6 months.

Warnings: Do not use if you are pregnant or breastfeeding. Consult a healthcare practitioner prior to use if you have diabetes or if you have a kidney disorder. Zinc supplementation can cause a copper deficiency. Discontinue use and consult a healthcare practitioner if you experience symptoms of hypoglycemia including feelings of anxiety, dizziness, tremors, sweating, nausea or headaches..

NPN: 80032898 • 60 Capsules



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