

Cognitive Support Protocol

Improve cognitive health while protecting the brain with herbs and nutrients found in Cogniplex and TocoKrill. This combination is an effective and natural alternative for those suffering with memory impairment or seeking to enhance their performance in learning and memory capabilities.

Remedy	Phase/Dose	Monday to Sunday
Cogniplex	2 capsules	two times a day
BioTrienol	1 capsules	two times a day



Cogniplex

Recommended dosage (adult): 2 capsules two times daily. Consult a healthcare practitioner for use beyond 6 weeks.

Cognitive Benefits: Cogniplex contains a combination of herbs as memory and cognitive enhancers (nootropics), with the ability to increase blood flow to the brain and circulation of blood and oxygen throughout the brain. In addition, enriched neurotransmission and nerve synapsis leads to improved concentration, learning, and memory encoding.¹

By improving cognitive function and increased neuroprotective properties, Cogniplex is an effective and natural alternative to assist with cognitive function and to enhance performance in learning and memory capability.²

Key Features: Assists in cognitive function⁴, increases blood flow to the brain,³ increases circulation in the brain,⁴ enhances memory and learning,^{1,2,5} age-related cognitive decline,⁶ and neuroprotection.⁷



BioTrienol

Recommended dosage (adult): 1 capsules two times daily. Minimum 3 months.

Cognitive Benefits: BioTrienol contains a natural vitamin E Tocotrienols complex and alpha-Tocopherol. It contains a rich source of fat-soluble antioxidant nutrients bound on phospholipids to support cognitive health and provide important neuroprotection.

Key Features: Fat-soluble antioxidant nutrient, support brain function, cognitive health, and neuroprotection.^{8,9,10}




Medicinal Ingredients: Each vegetarian capsule contains:

Brahmi (Bacopa monnieri - whole plant)	
10:1 QCE 750 mg (55% bacosides A & B) 75 mg
Ginkgo (Ginkgo biloba - leaf) (24% ginkgo flavonoids, 6% terpene lactones) 40 mg
Vinpocetine 3.75 mg
Huperzine A (Huperzia serrata) 0.05 mg

Non-medicinal Ingredients: Microcrystalline cellulose, magnesium stearate, silicon dioxide, hydroxypropyl methylcellulose (capsule shell).

Caution/Warnings: Consult a healthcare practitioner prior to use if you are taking medications for diabetes, high blood pressure, or seizures. Do not use if you are taking health products that affect blood coagulation (e.g. blood thinners, clotting factor replacements, acetylsalicylic acid, ibuprofen, fish oils, vitamin E) as this may increase the risk of spontaneous bleeding. May cause nausea, dry mouth and fatigue. Consult a healthcare practitioner if gastrointestinal discomfort occurs.

Contraindications: Do not use if pregnant or breastfeeding. Do not use in individuals with known or suspected sensitivity to the listed ingredients.

NPN 80013494 • 120 capsules


Medicinal ingredients:

Tocotrienol concentrate (Elaeis guineensis, fruit) 50 mg
delta-Tocotrienol 7 mg
alpha-Tocotrienol 16 mg
Ebeta-Tocotrienol 2 mg
gamma-Tocotrienol 25 mg
Vitamin E (d-alpha tocopherol) 15.41 mg AT

Non-medicinal ingredients: Gelatin, glycerin, purified water, sorbitol.

Caution/Warnings: Consult a health care practitioner prior to use if you are pregnant or breastfeeding.

NPN 80093941 • 60 gelcaps



References

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