



B12 Folate

High potency 5mg Methylcobalamin & 1mg Methylfolate



Health Professionals
recommend for:

- ▶ Red blood cell formation
- ▶ Boosting energy
- ▶ B12 & folate deficiency
- ▶ Metabolize carbs, fats & protein
- ▶ Vegetarians & vegans

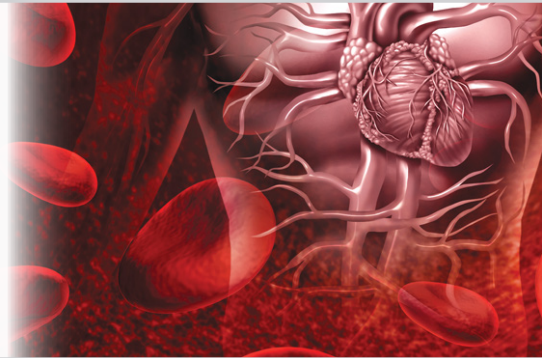


B12 Folate

Great tasting sublingual lozenge

B12 Folate is a high potency vitamin B12 (methylcobalamin) and folate (L-5-Methyltetrahydrofolate, L-5-MTHF) formula. This quick dissolve sublingual lozenge offers rapid absorption of the biologically active forms vitamin B12 and folate into the bloodstream, thus bypassing several potential issues in the absorption cycle of the digestive tract. It is ideal for vegetarians and vegans.

Superior
absorption to
prevent vitamin
B12 and folate
deficiency.



B12 Folate is used in cases of: preventing B12 and folate deficiency, anemia, and regulation of red blood cell formation; assisting in metabolism of carbohydrates and fats for increased energy; maintaining the myelin sheath and protecting against peripheral and central neurological disease and aging; supporting healthy nervous, cardiovascular and immune system functioning; pre and postnatal health; enhancing brain health, memory, and learning; and finally normalizing homocysteine levels, thus decreasing risk of heart disease and stroke.



Recommended use: Vitamin B12 is a factor in the maintenance of good health; helps the body to metabolize carbohydrates, fats and proteins; helps to form red blood cells; helps to prevent vitamin B12 and folate deficiency.

Medicinal Ingredients: Each lozenge contains:

Vitamin B12 (Methylcobalamin) 5 mg
Folate (L-5-Methyltetrahydrofolate) 1 mg

Non-medicinal Ingredients: Citric acid, D-mannitol, DL-malic acid, magnesium stearate, silicon dioxide, stevia rebaudiana leaf, white grape flavour.

Recommended Dose: Adults: Dissolve one lozenge under the tongue daily, in the morning for maximum benefit, or as directed by a health care practitioner.

Duration of Use: Consult a healthcare practitioner for use beyond 3 months.

Caution/Warnings: Consult a healthcare practitioner prior to use if you are pregnant or breastfeeding. Do not take other health products containing Vitamin B12.

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