



# Astaxanthin



## King of Antioxidants



Eye Health



Athletic  
Performance



Cognitive  
Health



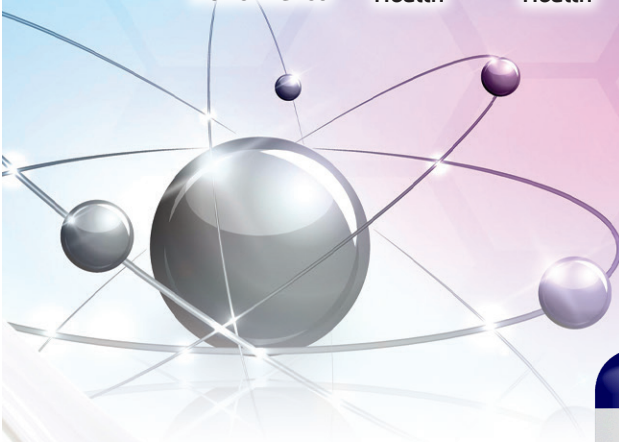
Cardiovascular  
Health



Gastric  
Health

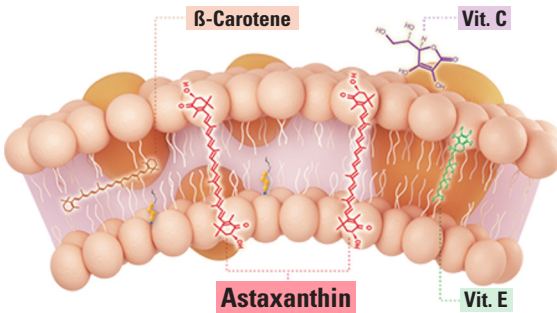


Immune  
Support



# Astaxanthin: King of Antioxidants

Astaxanthin is a naturally occurring carotenoid from AstaReal<sup>®</sup>, derived from the microalgae *Haematococcus pluvialis*. It provides superior antioxidant benefits to decrease inflammation, sharpen vision, increase capillary blood flow, neutralize free radicals, reduce oxidative stress, and support overall health.



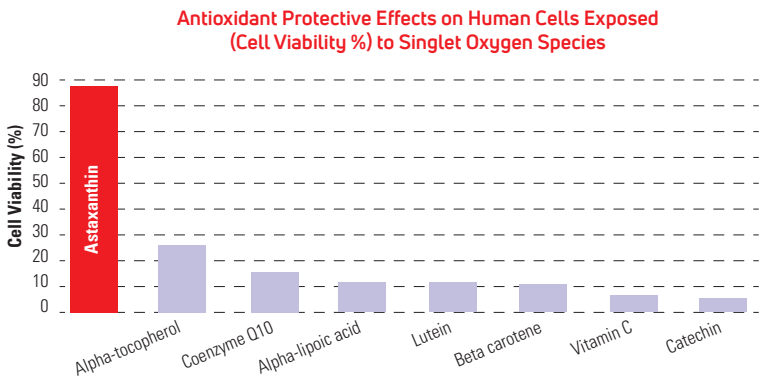
**Astaxanthin:**  
Cellular protection  
from the inside out!

## Superior Antioxidant Protection

The unique molecular structure of astaxanthin spans the entire cell lipid bilayer, providing complete inner and outer membrane protection to neutralize free radicals and prevent oxidative damage. Damage from free radicals and oxidative stress can lead to inflammation, decreased cellular function, and premature aging.

## King of Antioxidants

Research shows that astaxanthin is stronger than any other antioxidant.



## Clinically Proven Health Benefits:

Recognized as a leading authority in natural astaxanthin science and research, **AstaReal** has published over 60 clinical trials with proven health benefits in the following categories:

### Eye Health - Sharpen Your Vision & Refocus Tired Eyes



- Reduce eye strain and fatigue
- Increase ocular blood flow to the retina and eye
- Decrease visual stress and tension of the ciliary eye muscles
- Improve accommodation, responsiveness, focus range, and depth perception
- Relieve Digital Eye Strain & Computer Vision Syndrome (fatigued, blurry, itchy eyes)

### Healthy Radiant Skin

- Revitalize sun damaged & photoaged skin
- Reduce the size of wrinkles
- Improve elasticity and strengthen collagen

### Muscle Performance & Endurance

- Enhance muscle (aerobic) endurance and recovery
- Lower lactic acid levels and fatigue

### Cardiovascular Health

- Improve blood lipid profile
- Promote capillary blood flow
- Reduce LDL oxidation and decrease plaque formation

### Brain & Cognitive Health

- Improve age-related forgetfulness, alertness, and mental quickness

### Immune Health

- Increase antibody production
- Enhance lymphocyte and phagocyte capacity

### Gastric Health

- Lower gastric inflammation
- Protect against dyspepsia, stomach ulcers, and H. pylori infections

# Astaxanthin



### Medicinal Ingredients:

AstaReal® Astaxanthin (*Haematococcus pluvialis*) . . . . .6 mg

**Non-medicinal Ingredients:** Gelatin, glycerin, purified water, olive oil.

**Recommended Dose (Adult):** Take 1 capsule once per day.

**Recommended Duration of Use:** Consult a healthcare practitioner for use beyond 1 month.

**Caution/Warnings:** Consult a healthcare practitioner prior to use if you are pregnant or breastfeeding, or if you are taking prescription medication or other dietary supplements. Stomach/abdominal pain has been known to occur, in which case, discontinue use and consult a healthcare practitioner.

60 softgels • NPN 80054801



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