



Ashwagandha

Rebalance Your Body & Mind

- ▶ Reduce stress levels
- ▶ Improve concentration
- ▶ Boost energy & vitality
- ▶ Support cardio & joint health



Sensoril[®]
vitalizing mind & body

Sensoril[®] is a registered trademark of Natreon, Inc.

Adaptogen Power to Rebalance the Body and Mind

Decrease cortisol and C-reactive protein for stress relief, cardiovascular, and joint health

Stress Resilience

- ▶ Adaptogen
- ▶ Reduce stress levels
- ▶ Decrease cortisol levels

Focus & Concentration

- ▶ Improve cognitive function
- ▶ Enhance memory
- ▶ Better ability to focus and concentrate
- ▶ Improve hand-eye coordination

Energy & Vitality

- ▶ Antioxidant
- ▶ Improve cellular health for healthy aging
- ▶ Boost energy and strength
- ▶ Protect from oxidative stress and free radical damage

Mood & Sleep

- ▶ Better sleep and less fatigue
- ▶ Improve mood
- ▶ Decrease irritability

Cardiovascular Health

- ▶ Lower cardiovascular inflammatory markers
- ▶ Reduce cardiovascular stress: pulse rate, blood pressure
- ▶ Support blood vessel lining
- ▶ Improve lipid profile

Joint Health

- ▶ Decrease inflammation
- ▶ Enhance arthritis recovery
- ▶ Reduce joint pain and stiffness

Sensoril® Ashwagandha's 3 Key Bioactive Ingredients

Derived from a patented blend of roots and leaves of *Withania somnifera*

- ▶ **Withania oligosaccharides**
 - support cellular function
- ▶ **Withaferin A**
 - heart, brain, and healthy immune response
- ▶ **Withanolide glycosides**
 - strengthen immune & stress response



Sensoril® Ashwagandha is backed by 14 Clinical Studies*

- ▶ **Stress Resilience:** adaptogen, reduce cortisol
- ▶ **Energy levels:** increase ATP output
- ▶ **Inflammatory Markers:** reduce C-reactive protein (hsCRP), cytokines, and WOMAC scores
- ▶ **Oxidative Stress:** reduce free radicals, malondialdehyde (MDA)
- ▶ **Antioxidants and Micronutrients:** increase glutathione (GSH)

Ashwagandha



Medicinal Ingredients

(Each capsule contains):
Sensoril® Ashwagandha (*Withania somnifera*, 5:1 QCE 625mg,
32-45% *Withania oligosaccharides*, 0.05-0.5% Withaferin A,
10-20% Withanolide glycosides, root and leaf) 125mg

Non-medicinal Ingredients: Hydroxypropyl methylcellulose, magnesium stearate, microcrystalline cellulose.

Recommended Dose (Adults): *For Stress and Antioxidant:* Take 1 capsule daily. *For cardiovascular health, joint discomfort, and Adaptogen:* Take 2 capsules one to two times daily.

Recommended Duration of Use: To see beneficial effects on knee discomfort take 2 capsules once a day (250 mg/day) of Sensoril for 12 weeks or take 2 capsules twice a day (500 mg/day) of Sensoril for 8 weeks. For use beyond 12 weeks, consult a healthcare practitioner.

Cautions and Warnings: Consult a healthcare practitioner prior to use if you are pregnant or breastfeeding. Consumption with alcohol, other drugs or natural health products with sedative properties is not recommended.

120 capsules • NPN 80091187



*References

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