



Adrenaplex

Fatigued?

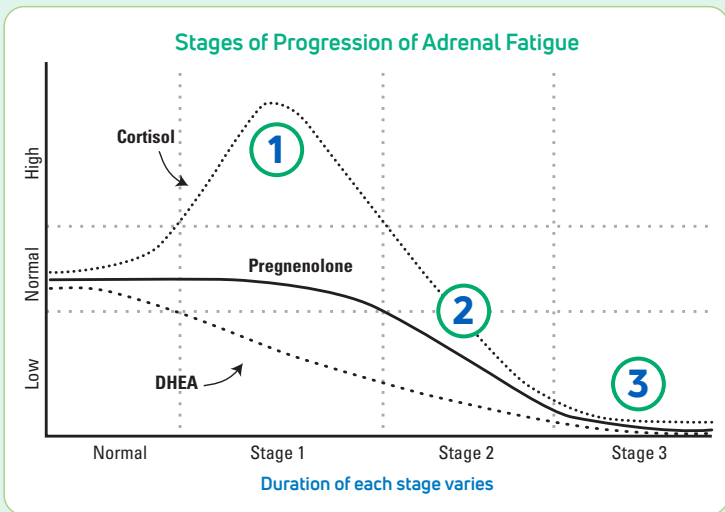
- ▶ *Adrenal support*
- ▶ *Stress relief*
- ▶ *Mental focus*
- ▶ *Energy*
- ▶ *Mood and sleep*



Adrenaplex

Know the stages & symptoms of adrenal fatigue for successful recovery!

Adrenal fatigue is symptoms related to the stress response system, otherwise known as the HPA (hypothalamic-pituitary-adrenal) axis. Prolonged stress and anxiety will overwork the adrenal glands, leading to adrenal gland 'burnout' and poor tissue response to cortisol. Depending on the stage of adrenal fatigue experienced will determine how this stress system responds; with either chronic high or low levels of cortisol.



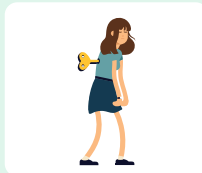
Stages of Adrenal Fatigue

1



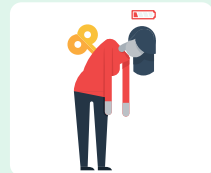
Overactivated adrenal glands in response to stress, high energy, burn candles at both ends.

2



Cortisol levels drop, Feeling tired, low mood.

3

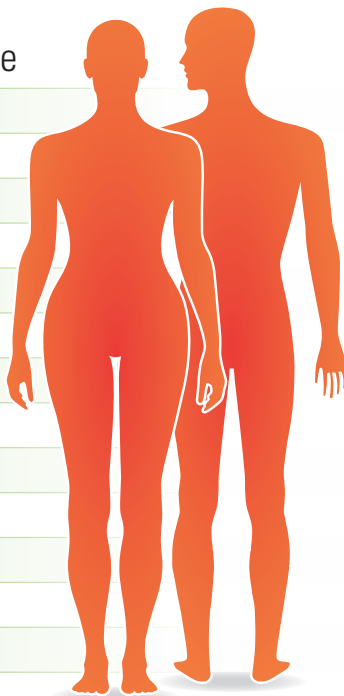


Cortisol levels low, complete exhaustion, constant tiredness and irritability.

The adaptogenic herbs found in Adrenaplex work by increasing the adrenals endurance and overall ability to respond to and handle stress. The adrenal glandular extract provides nutrients to support repair and optimal functioning of the adrenal glands. The combination of organotherapy and adaptogens tonify the stress response, which makes Adrenaplex ideal to balance both high and low cortisol levels.

Symptoms of Adrenal Fatigue

- Fatigue & exhaustion**
- Low energy in the afternoon**
- Wired & tired**
- Reliance on caffeine**
- Irritability especially when hungry**
- Irregular sweating**
- Weight Gain**
- Light-headedness**
- Easily startled**
- Tendency to get sick easily**
- Constant Stress**
- Salt & sugar cravings**
- Depression & anxiety**



Benefits of Adrenaplex

Improves	Optimizes
Mental fatigue	Stress resilience
Daily energy	Immune health
Mood	Physical endurance
Sleep	Blood sugar metabolism
Concentration	Adrenal gland repair & maintenance



Adrenaplex



Medicinal ingredients: Each capsule contains:

Rhodiola (<i>Rhodiola rosea</i>)	150 mg
Schisandra (<i>Schisandra chinensis</i>)	100 mg
Ashwagandha (<i>Withania somnifera</i>)	100 mg
Cordyceps (<i>Ophiocordyceps sinensis</i>)	100 mg
Adrenal gland (<i>Bos Taurus</i>)	100 mg

Non-medicinal ingredients: hydroxypropyl methylcellulose, magnesium stearate.

Recommended Dosage: 1-2 capsules twice daily or as directed by a health care professional. Avoid taking in the evening.

Cautions and warnings: Avoid taking at night to prevent trouble sleeping. Do not use if you suffer from a bipolar disorder or a bipolar spectrum disorder. May increase the effects of plants, supplements or drugs with stimulant properties. May add to the effects of angiotensin-converting-enzyme inhibitors.

Recommended duration of use: Do not use for more than four weeks.

Consumption of ashwagandha with alcohol, other drugs and/or natural health products with sedative properties is not recommended.

Consult a health professional prior to use if you are undergoing hormone replacement therapy (HRT), taking birth control, antidepressants or immunosuppressive drugs, or suffering from lung disorders. Consult a health care professional if symptoms persist or worsen.

Contraindications: Do not use if you are pregnant or breastfeeding. Do not use if you are suffering from high blood pressure or arteriosclerosis.

Known adverse reactions: Certain people may suffer from insomnia, anxiety or excitement; in which case, discontinue use. Certain people may experience certain reactions; stomach aches, dry mouth, skin reactions, drowsiness, nausea or diarrhea; in which case, discontinue use.

NPN: 80037728 • 90 Vegetable capsules



Adrenaplex has been life changing for me!

Before Adrenaplex, I was exhausted when I got up in the morning and exhausted when I went to bed. It was very difficult for me to get through the day. Deep fatigue was with me 24/7.

Almost instantly upon taking Adrenaplex, the deep fatigue was gone and I got my energy back! I am able to get through the day and do all my tasks with ease!

I will never be without Adrenaplex! I recommend Adrenaplex to everyone!

Adrenaplex is an amazing product!

- Monica Kennie, NNCP, RHN, CNP



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