## NAC N-Acetyl-L-cysteine



Medicinal Ingredients (Each capsule contains):

**Non-medicinal Ingredients:** hydroxypropyl methylcellulose = vegetarian capsule), microcrystalline cellulose, magnesium stearate (vegetable).

**Recommended Dose (Adults):** Take 1 capsule once per day with meals containing protein, or as directed by a healthcare practitioner.

**Cautions and warnings:** Consult a healthcare practitioner prior to use if you are pregnant, breastfeeding or have kidney stones.

**Contraindications:** Do not use this product if you are taking antibiotics or nitroglycerin.

120 capsules • NPN 80118093







Quality. Excellence. Beyond Medicine.

# NAC N-Acetyl-L-cysteine





## NAC provides potent anti-inflammatory, antioxidant, and mucolytic properties.

NAC (N-acetyl cysteine) is a sulfur-containing acetylated form of the amino acid cysteine, providing more stability and better absorption than cysteine alone. It is a precursor for production of the 'master antioxidant' glutathione, increasing free radical protection and detoxification in the liver, lungs, kidneys, bone marrow, and brain.

# Heart Protection • Reduces homocysteine • Inhibits Lp(a) lipoprotein • Promotes anti-fibrotic activity • Minimize severity of flu symptoms • Boosts immune cell function (T cells & NK cells) • Anti-aging and reduces age spots

# Lungs & Respiratory Health

- ▶ Relieves bronchitis
- ▶ Reduces inflammation
- ▶ Break up mucous (mucolytic)
- ▶ Promotes anti-fibrotic activity
- ▶ Clear mucous from the lungs and respiratory tract

### Liver Protection & Detoxification

- ▶ Phase 1 & 2 liver detoxification
- ▶ Heavy metals chelation and detox
- ▶ Protects liver in acetaminophen overdose
- ▶ Protects from liver peroxidation (glutathione)
- ▶ Binds harmful toxins and chemicals (glutathione)