

CLEAR THE VACCINE – with Joel Brown and Dr. Robert O. Young, September 21, 2021 <https://rumble.com/vmrqtt-how-to-detox-from-the-vaccine-and-the-lies-of-covid.html>

The following notes are from the above link and are the professional renderings from the interview with Joel Brown and Dr. Robert O. Young. I have adjusted some of the recommendations to include variations.

Shedding – Transmitting

- You don't shed when inoculated, you transmit.
- If you are next to a microwave, it is transmitting. It is not shedding.
- Graphene oxide acts as a biosensor. It can both receive and transmit that radiation. Graphene Oxide acts as a bio-transmitter. They can receive that radiation and then emit it to those around them, including the unvaccinated.
- The shedding is a narrative to induce people to participate in more sterilization/inoculation.
- Messages using 5G are sent directly to the 'internet' of the brain rather than through your cell phone. They are also coming through your cell phone.
- Phase one is to target the elderly. They often have Co-morbidities, which makes this easy. Medicine does not know how to reverse the diagnoses; they know only how to relieve pain while you navigate symptomologies.

What happens once you have the shots?

- Once you have been inoculated, it enters the interstitial fluid. These nano particulates get into the interstitial fluid, which allows it to go everywhere and bypasses all barriers. Even the placenta.
- The body is going to react to this foreign matter. It will activate the neutrophils (white blood cells) because this matter is passive initially. It doesn't activate the lymphocytes until later. It causes the red blood cells to stick together, and this activates the lymphatic system. White blood cells are a garbage/janitorial service. None of the white blood cells provide immunity. It's not their job. They are the cleaning service, and they are there to mitigate the damage and the fallout.
- *70-80% of toxic ingredients go to the reproductive organs. 10-20% go to the bone marrow. The balance goes to the heart and brain, the fatty tissues.*
- If it can't eliminate the product, it goes to the fatty tissue and brain. Breast cancer and incidences of neurological damage have increased 20 times.
- Henry Kissinger said that we must control the population. "The elderly are useless eaters." From his book The Final Days.
- Bill Gates: (paraphrased). If we do a really good job, we can reduce the population by 10-20% which translates to 800 million to 1.2 billion people. There are 8 billion on the planet. "And that's how we know it's a good vaccine."
- The shots are scheduled to be annual shots. The flu shot contains all these nano particulates as well, including graphene.
- DON'T ACCEPT ANY SHOTS.
- Nanobots are being introduced via hydrosol. It is being delivered to certain parts of the body to drive this material to the specific areas. Take responsibility for what goes into your body.



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How to Move Forward

- They can only do this if we allow them. Find the truth! Once you start putting the pieces of the puzzle together, you see how important this is. Earth and space, there is no place to hide. Time to get busy.
- The only way that we can control this is by taking care of our internal environment and maintain our external environment.
- Adopt an Alkalarian lifestyle. COWS: Chlorophyll, Oil, Oxygen, Pure Water, Sunshine, Exercise/SEXercise. We need to protect our future and that future is our children.
- Test the pH to drive the alkalinity.
- Get off sugar and switch to salt. More savory diet. No fruit, no sugar. Avocado and cucumbers and salt it up. The element that connects the body and the spirit body is saline. That's why we live in a sea of salt.
- Put our trust into God/a higher power and ourselves. Have faith. Stay present. Start using polyunsaturated oils: hemp oil, avocado. Exercise increases oxygen and reduces carbon dioxide. Increase circulation to our extremities. Drink purified, alkalized, structured water to support lymphocytes to maintain the alkalinity.
- *If you have symptoms, urine pH should be driven to 8.5.*
- Supplement with vitamin D, as much as 40-50,000IUs. This can reverse the symptoms.
- *The pH Miracle by Dr. Robert O. Young, chapters 5, 11.* Green up your diet. Animals eat more salt. (Note: Dr. Young's food recommendations are extreme for many and may be modified. Speak to your practitioner.)
- Montmorillonite clay (France) or Green Clay: takes up the aluminum, cobalt, graphene, and titanium. Green clay is adsorptive, attracts these metals and can take on much more than its own weight.
- Pull it out through the skin: Epsom salt or Himalayan salt baths daily. Also helpful: infrared saunas, red light therapy, ionic foot baths.

**Find a Traditional Chinese Medicine doctor/practitioner or a homeopathic doctor to complement this therapy. A Naturopath can give glutathione infusions, heavy metal elimination IVs, etc.*

Do ALL that you can to reverse the damage. *Your body wants to be well.*



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THREE-DAY WATER FAST WITH VEGETABLE OR BONE BROTH

Hours 24-48 – load dosing (amounts divided between three doses)

- **Baking soda | Pleo Alkala | or BasicTab**
 - Baking soda - 1 tsp. in warm water 1-2 x per day on empty.
 - Pleo Alkala - 1 scoop in 3-4 oz. warm water 1-2x per day on empty.
 - BasicTab - 2 tabs 1-2 x per day.
 - Test your pH of both urine and saliva only first thing in the morning before food. Do this for 10 days and report in.
- **Pure Chlorophyll** – drink enough so that the stool is green (2-3 doses)
- **Vit D** – 50,000 IUs
- **Vit A Retinol** – 60,000 IUs
- **Vit C** – 6,000 mg.
- **Zinc picolinate** – 90 mg.
- **Liposomal Glutathione** – 750 mg <https://beyondnutrition.ca/product/nutristart-liposomal-glutathione-500mg-30-servings-120ml/>
- **L-Arginine** – 3000 mg
- **Nascent Iodine** – 18,000 mcg
- **Nattokinase** – 1 cap at bedtime on empty
- **Serrapeptase** – 1 cap 2 x per day on empty
- **Montmorillonite clay (France) or Green Clay** –bio electric.
<https://phmiracleproducts.com/products/terra-phirma-montmorillonite-clay>
- **FLVC - Humic Fulvic Acid, Zeolite** – 2 dropperfuls 1-2x per day.
- **NAC** – as on bottle
- **Potassium Iodide** – 65 mg, **potassium iodine** – 65 mg of each
<https://beyondnutrition.ca/product/new-roots-potassium-iodide-65mg-60-tabs/>

- Daily Bath with 2 cups baking soda and/or Epsom salts. Soak for 20 minutes min.
- Fluids with electrolytes, zero caloric value. Himalayan salt works well: 1 tsp per litre of pure water (not tap) 1 x per day.

**NOTE: Combine this regime with Traditional Chinese Medicine doctor/practitioner or a homeopathic doctor to complement this therapy. A Naturopath can administer glutathione infusions, heavy metal elimination IVs, etc.*

Hours 48-72

- **Baking soda | Pleo Alkala | or BasicTab**
 - Baking soda - 1 tsp. in warm water 1-2 x per day on empty.
 - Pleo Alkala - 1 scoop in 3-4 oz. warm water 1-2x per day on empty.
 - BasicTab - 2 tabs 1-2 x per day.
 - Test your pH of both urine and saliva only first thing in the morning before food. Do this for 10 days and report in.
- **Pure Chlorophyll** – drink enough so that the stool is green. (2-3 doses)
- **Vit D** – 50,000 IUs (100,000 IUs, if needed)



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- **Vit C** – 6,000 mg.
- **Zinc picolinate** – 90 mg.
- **Liposomal Glutathione** – 750 mg
- **Nattokinase** – 1 cap per day at bedtime on empty
- **Nascent Iodine** – 18,000 mcg
- **Serrapeptase** – 1 cap 2x per day on empty
- Montmorillonite Green Clay – more bio electric <https://phmiracleproducts.com/products/terra-phirma-montmorillonite-clay>.
- **FLVC - Humic Fulvic Acid, Zeolite** – 2 dropperfuls 1-2x per day.
- **NAC** – as on bottle
- **Potassium Iodide** – 65 mg, **potassium iodine** – 65 mg of each <https://beyondnutrition.ca/product/new-roots-potassium-iodide-65mg-60-tabs/>
- Daily Bath with 2 cups baking soda and/or Epsom salts. Soak for 20 minutes min.
- Fluids with electrolytes, zero caloric value. Himalayan salt works well: 1 tsp per litre of pure water.

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After 72-hours

At this point, it is important to connect with your healthcare practitioner to re-evaluate dosages, progress, and next steps. Below are some common supports moving forward.

- **Cardunara:** poisons need healthy bile flow to be eliminated https://maureenfontaine.com/wp-content/uploads/2020/01/Cardunara_monograph.pdf
- **Lymf-a-drop:** https://maureenfontaine.com/wp-content/uploads/2020/01/Lymf_a_drop_monograph.pdf
- **Structured Silver:** <https://maureenfontaine.com/wp-content/uploads/2020/05/pH-Structured-Silver-16oz-Handout.pdf>
- **Thuja:** used to neutralize vaccinations: homeopathic and/or botanical applications. Immune, Airways, Allergies, Warts. Skin growths (warts, cysts, polyps).
- **Nattokinase:** <https://maureenfontaine.com/wp-content/uploads/2020/02/Nattokinase-A-Comprehensive-Scientific-Review-of-Nattokinase.pdf> , https://maureenfontaine.com/wp-content/uploads/2020/01/Nattokinase_webinar_Maureen_Fontaine.pdf
- **BioSuperfood – F3:** a most powerful combination of specific algae in a synergistic formula. My personal favorite. <https://bionutrition.com/pages/ingredients>, <https://maureenfontaine.com/wp-content/uploads/2020/01/brochure-biosuperfood.pdf>, <https://maureenfontaine.com/wp-content/uploads/2020/01/Awakening-the-Genius-Within.pdf>
- **SalvTonic:** https://maureenfontaine.com/wp-content/uploads/2020/01/SalvTonic_handout-EN.pdf

Insight Timer: an app on your phone with thousands of meditations to calm the body/ mind and connect you to source/God/spirit. The calmer you are the better you heal.

**Green – These items can be found at my office.*



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