

Aesculus (Homeopathic)



Recommended Use:

- Circulatory disturbances
- Cold extremities
- Varicose veins
- Numbness and tingling of arms and legs

This homeopathic formula is used for peripheral circulatory disturbances, as Aesculus improves peripheral arterial circulation (specifically to the extremities) and invigorates the return of venous blood by strengthening the walls and veins. Aesculus is used in cases of arterial circulatory disturbances of the extremities (especially in the legs), angina cruris, peripheral edema, varicose veins, hemorrhoids, tingling and numbness in arms and legs, and cold extremities.

Aesculus is useful for venous congestion. Besides varicose veins, other signs of disturbed circulation may include cold extremities, edema, numbness and tingling, eczema and pruritis (itching). Aesculus not only increases peripheral circulation, but supports and tonifies the vessels. It also helps to reduce congestion in the portal area, as high portal tension often results in hemorrhoids.

Recommended Dosage:

Adults take 20 drops in water five times daily. When improvement shows, take 25 drops in water three times daily or to be used on the advice of a health care practitioner.

Children could receive half or less of the adult dosage or to be used on the advice of a health care practitioner.



Caution/Warnings:

Consult a health care practitioner before use if you are pregnant or breastfeeding.

Clinical Pearls:

Aesculus is an excellent remedy for cold extremities.

As a support remedy, Aesculus can be used during chelation to strengthen the vascular system at 20 drops taken in water five times daily.

For cases of phlebitis, hemorrhoids and varicose veins, take a proteolytic enzyme daily in addition to 20 drops of Aesculus five times daily.

For arthritic conditions and gout, combine all contents of Aesculus (improve circulation), Polygonum (anti-inflammatory, joints), and Solidago (kidneys) in one large bottle and take one teaspoon mixed in

8 oz. of water three times daily. In acute conditions, take two teaspoons with water five times daily.

Refer to cardiac risk prevention, immune support and arthritis protocols for more details.

Ingredients:

Aesculus hippocastanum

Potentilla anserine

Rutinum

Secale cornutum

Ustilago maidis

Uses:

Venous stasis; venous and liver congestion, hemorrhoids, varicose veins.

Cold hands and feet.

Capillary fragility.

Cramps, circulatory disorders due to arterial disease, hemorrhage susceptibility, cerebral arteriosclerosis, paraesthesia, bleeding tendencies, vascular spasms, spastic diatheses, perfusion disorders due to vasospasms, neuralgiform complaints.

Hemorrhage, menstrual irregularities.

Medicinal Ingredients:

Each 100 ml contains:

Key Ingredient:

Aesculus hippocastanum D1. 25 ml

Accompanying Ingredients:

Potentilla anserina D1. 25 ml

Ruta graveolens D3. 1 ml

Secale cornutum D4. 10 ml

Ustilago maidis D5. 10 ml

Non-medicinal Ingredient: Ethanol.

NPN-HM 80025047 • 50 ml