



MK7 (K2)^{WITH} D3 Drops

The most concentrated MK7 and D3 per drop



IMPROVED
FORMULA

Bone and Cardiovascular Health:

- ▶ Support healthy bones and teeth
- ▶ Prevent osteoporosis
- ▶ Binds calcium into the bone matrix

K2VITAL[®]



MK7 with D3 Drops

Highest amounts of MK7 & D3 per drop on the market

What are Vitamins D3 and K2 (MK7)?

Vitamin K is known for its role in blood clotting and heart health. It is also essential for the formation and maintenance of healthy bones, helping to bind calcium within the bone. Vitamin K2 as MK7 (menaquinone-7) is more stable and stays in the body longer than other forms of vitamin K. When combined with vitamin D3, bone health is enhanced.

MK7 (K2) is:

- The most stable form of vitamin K2
- Drives calcium into the bone matrix
- High purity and stability



Vitamin D3 is needed for development, maintenance and normal growth of bones and teeth. It is also required for absorption and utilization of phosphorus and calcium, which are two important components of bones. When vitamin D3 is combined with calcium and regular exercise, it helps reduce the risk of developing osteoporosis.

Studies show vitamin D3 is essential for long-term health and it is important to prevent risk of vitamin D deficiency. There are several sources of vitamin D including: synthesis in the skin after exposure to the sun's UV rays, some foods, food fortification, and supplementation. Deficiency may occur if one does not get enough vitamin D in their diet or have limited exposure to the sun (due to working indoors, avoiding or protecting from the sun, or living in the northern regions of Canada).

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Those at Risk for Vitamin D Deficiency:

- ▶ Adults over 50 years of age
- ▶ Breastfed infants
- ▶ Women of childbearing age
- ▶ People with darkly pigmented skin
- ▶ Those with intestinal absorption issues

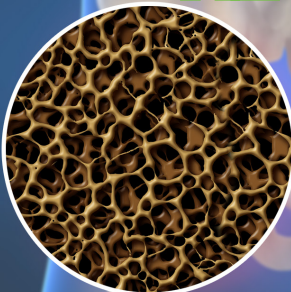
Why Supplement with MK7 (K2) combined with Vitamin D3?

Vitamins K2 and D3 work synergistically to enhance calcium absorption, with vitamin K2 acting as a cofactor in transporting excess calcium from the arteries and blood into the bones. Therefore, when taken together, vitamin K2 greatly enhances the benefits of vitamin D in bone health.

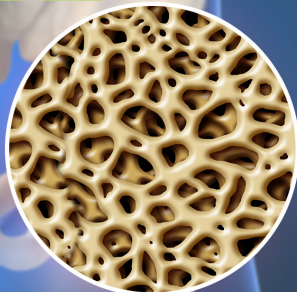
Vitamin K2 as MK7 for Bone Health

Vitamin K2 as MK7 is the essential cofactor for the proper formation and activation of specific carboxylated proteins, which promotes the binding of calcium in the bone matrix.

K2VITAL®



Osteoporosis

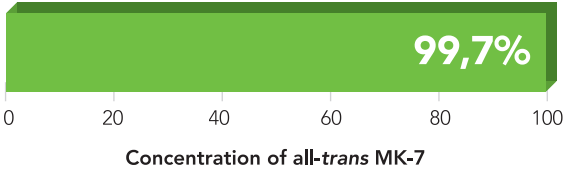


Healthy Bone

MK7 with D3 Drops

K2VITAL®

K2VITAL® is exceptionally pure **99.7% all-trans MK-7**



K2Vital is one of the purest form of vitamin K2 available.



Medicinal ingredients: Each drop (0.028 ml) contains:

Vitamin K2 (MK7) 25 mcg
 Vitamin D3 1000 IU (25 mcg)

Non-medicinal ingredients: Coconut oil, olive oil, medium chain triglycerides, lemon flavour.

Recommended dose (adults): 1 drop once daily. The drop may be taken directly on the tongue, in food or liquid, or licked from a clean surface such as a spoon or back of a washed hand, or as directed by a health care practitioner.

Caution/Warnings: Consult a health care practitioner prior to use if taking blood thinners.

NPN 80082256 • 10 ml drops



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