

Strophanthus

Strophanthus is known as Ouabain from a milk-secreting plant in Africa, it was used by natives as arrow poison. It contains an endogenous adrenal hormone involved in salt and water balance. It is used for adrenal weakness, senile heart weakness, and supports cardiac function by increasing the systolic phase and lowering the heart rate. For cardiac weakness, increasing blood volume, hypertension, sodium burden, nervous heart, arteriosclerosis, anticipatory anxiety.

Medicinal Ingredient: Strophanthus gratus

The late Dr. Konrad Werthmann called Strophanthus 'milk of the heart'.