

RICE PUDDING

1 cup coconut milk
1 tbsp. maple syrup or honey
1 cup cooked brown or white rice
½ tsp. vanilla

Optional spices:

cinnamon
cardamom
nutmeg
clove star anise
ginger
turmeric

Pour coconut milk into a small pot over medium-high heat. Bring to a simmer. Add maple or honey and stir to combine. Add rice and spices as you wish. Continue to stir until evenly distributed. Simmer for 5 minutes, as liquid boils off and mixture thickens. Enjoy!