

# Respiratory Protocol

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## Pleo Relivora

Used for all cough remedies, inflammation of respiratory tract, hard dry cough, bronchitis, whooping cough.

Ingredients: Drosera 3x, Echinacea 2x, Juglans 4x

- 2-year-old – Acute: 3-5 drops every 2 hours, up to 6 x daily. Chronic – 5 drops in water 3 x daily
- 8-year-old – Acute: 7-8 drops every 2 hours, up to 6 times daily. Chronic – 10 drops in water 3 x daily
- Adults - For oral intake: 1-2 x daily 5-10 drops. For topical: 1-2 x daily 5-10 drops into the bend of the elbow. Treatment should be re-evaluated after 8 weeks.

## Broncha

Herbal cough remedy – bronchitis, loosens mucous and increases expectoration, antitussive (cough)

- 2-year-old – 10 drops in water 3 x daily
- 8-year-old – 20 drops in water 3 x daily

## Pleo San Klebs

This remedy is applicable for a Klebsiella infection or past Klebs infection (K. pneumonia). It is also used after antibiotics for lung or bronchial conditions that could theoretically create a CWD form of Klebs.

Use:

- With respiratory, lung, bronchial, dysbiosis caused after antibiotic therapy, pneumonia
- To finish healing after a lung condition or when there is a tendency for lung conditions
- Not a cough formula
- Adults - 1-2 x daily 5-10 drops. Topical: 1-2 x daily 5-10 drops into the bend of the elbow. Treatment should be re-evaluated after 8 weeks.

**TINCTURES ARE ALCOHOL BASED AND SHOULD BE GIVEN TO CHILDREN ONLY IN THE FOLLOWING MANNER:**

*Add hot, not boiling, water to the allotted drops and allow to cool before administering. Alternatively, you can set the allotted drops in a glass with water on the counter overnight. Both these methods dissipate the alcohol.*

## Ultra-sonic Humidifier

When putting structured silver liquid in an ultra-sonic humidifier, this ratio can be used:

- 1 part silver
- 9 parts purified water

## Nebulizer – Handheld

When putting structured silver liquid in an ultra-sonic handheld nebulizer, you do not dilute.

<https://www.silverhealthinstitute.com/silver-solution-uses/#lungs>

<https://www.silverhealthinstitute.com/silver-solution-uses/#asthma>

<https://www.silverhealthinstitute.com/silver-solution-uses/#bronchitis>

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