PH Chart

Neutral

Acid

Alkaline

Pure water — Neutral — 7

Urine / Saliva — 6

Soft drinking water / Black coffee — 5

Tomato juice / Acid rain — 4

Grapefruit / Orange juice / Soda — 3

Hydrochloric acid in stomach — 2

Lemon juice / Gastric acid / Vinegar — 1

Battery acid — 0

Sea water — 8

Baking soda — 9

Great Salt Lake / Milk of magnesium — 10

Ammonia solution — 11

Soapy water — 12

Bleach — 13

Drain cleaner — 14

7.365 ideal blood PH for humans

5.8 cancer cells begin to form

6.8 disease symptoms begin

3.5 human body cannot sustain life