

An-X-Vita® (anxiety)

An-X-Vita® is used in cases of anxiety and nervous tension. It works to prevent anxiety and provide immediate relief during acute states of anxiety and/or panic attacks. An-X-Vita can be used to prevent anxiety before exposure to stressful situations such as examinations, speeches, the dentist, flying and social gatherings. An-X-Vita can also be used for symptoms related to anxiety including tachycardia, sweating, tightness in the chest, fatigue, exhaustion, nervousness, tension, stress, and chronic pain.

Dosage: Take 5 drops three times daily. For acute conditions, take 5 drops up to six times daily.

Piper methysticum	D12
Hypericum perforatum.	D21
Cerebellinum suis.	D21
Aconitum napellus	LM18

Nurovita® (nervous tension and stress)

Nurovita® is used in cases of stress, nervous tension and pain. It is useful for those who are unable to relax and often hold tension and stress in the body, leading to pain. Symptoms and conditions can include: holding tightness in the body, fatigue, chronic pain, headaches, neck tension, back pain, neuralgia (nerve pain), MS, stroke, post-traumatic conditions (cerebral hemorrhage) and other nerve conditions.

Dosage: Take 5 drops three times daily, or can be taken up to six times daily as needed.

Melissa officinalis	D4
Cerebellinum suis.	D21
Ambra grisea	D21
Chinchona officinalis.	C50
Cuprum aceticum	C200
Phosphorus.	LM12

Paravita® (exhaustion)

Paravita® is used in cases of hypofunction of the parasympathetic nervous system. It is often needed for those who feel exhausted, are unable to recuperate even though they get enough rest or sleep, and after long periods of struggle and mental and/or physical stress. Symptoms and conditions include: fatigue, exhaustion, adrenal fatigue, hypothyroidism, sluggishness, constipation, cramps of the inner organs (gallbladder, bladder, and intestines), asthma, migraine, eczema, and low blood pressure.

Dosage: Take 5 drops in the morning and 5 drops at noon (not to be taken after noon).

Formica rufa	D12
Cerebellinum suis	D21
Acetylcholinum hydrochloricum	D30
Psorinum	C200

Maureen Fontaine, 250-661-6224

B.Ed., Certified Darkfield Microscopic – Trainer/Mentor/Coach
Health & Wellness Consultant, Master Herbalist, Spiritual Intuitive & Ontological Life Coach, Instructor – Pacific Rim College

Simvita® (restlessness)

Simvita® is used in cases of hyperfunction of the sympathetic nervous system. It is useful for nervous tension and the inability to relax. Symptoms and conditions include: hyperthyroidism, high blood pressure, cardiac arrhythmia (tachycardia), tension, jitteriness, sleeplessness, restlessness, diarrhea, sweating, trembling, and headache.

Dosage: Take 5 drops three times daily or can be taken up to six times daily as needed.

Secale cornutum	D12
Cerebellinum suis	D21
Adrenalinum hydrochloricum	D30
Tuberculinum GT	C200

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