

"13 ESSENTIAL MINERAL SALTS"

Sign	Cell Salt	Detox	Plant Mineral	Supports	Merid	Tells (see p. 161)
☉ Sun	GOLD BI-CHLORIDE	Entire Body	Alfalfa aloe vera sea vegetables sea salt nopales (cacti)	Spiritual balance DNA integrity	Heart	Addiction moodiness sores that do not heal & chronic disease agitation/anger
♈ Aries	KALI PHOS Potassium phosphate	Head	Alfalfa, lima-beans spinach dandelion-greens pumpkin cabbage coconut	Nervous-sys Brain Skin-tissue	Circulation Sex	Ashen gray, sparkleless eyes, sunken temples or cheeks. Offensive body & breath odor
♉ Taurus	NATX SULPH Sodium sulphate	Neck	Celery Avocado Tomato Pumpkin Romaine-lettuce Brussels Spinach	Liver Gallbladder Pancreas Acid-balance	Liver	Greenish skin, Jaundiced eyes (sclera), swollen lower bags. Swollen purplish red nose (liver-damage)
♊ Gemini	KALI MUR Potassium chloride (Muriatic acid)	Arms Nerves	Alfalfa Horseradish Coconut Parsnips Spinach Parsley	Spine, Blood (prevents clotting) Brain, skin	Spine	Milkiness & red, purple, or blue skin, acne rosacea & spider veins, raised bumps below shoulders
♋ Cancer	CALC FLUOR Calcium fluoride	Breast Stomach Spleen	Almond Carrot Turnip Beet Greens Garlic sunflower-seed	Tissue Bone Enamel strength	Small intestine	Blue lips, brownish black circles under eyes, flaky white skin, translucent tips of teeth, raised/fan-like wrinkles eyes
♌ Leo	MAGN PHOS Magnesium Phosphate	Heart Lungs Liver	Alfalfa Spinach Coconut Peppers Cacao Durian Savoy String-beans	Nervous sys Pain control	Gall-bladder	Blushing. "magnesium red" of cheeks & nose. (chronic alcoholism)
♍ Virgo	KALI SULPH Potassium sulphate	Intestines	Garlic Spinach Kale Avocado Pumpkin	Spleen Brain Mucous skin	Spleen	Brownish yellow of nose & mouth, liver spots, pregnancy mask, freckles or lack of pigment vitiligo
♎ Libra	NATR PHOS Sodium phosphate	Stomach Kidneys	Avocado Tomatoes Coconut Celery Cherimoya	Nervous sys Acid balance	Heart	Greasiness & black-heads, yellowy raised bumps around eyes, red/dry chin
♏ Scorpio	CALC SULPH Calcium sulphate	Sex Urinary Organs	Pumpkin Spinach Avocado Currant Cabbage Brussel Sprout	Lymph Bones Digestion	Large intestine	Alabaster or dirty white along the lower face & jawline. Liver spots or brown spots on the face
♐ Sagittarius	SILICEA Silicon dioxide	Hips Rear-end Thighs	Cantaloupe Cherry Dandelion Beet Blackberry Apple Muskmelon Carrot	Skin Nails Hair Skeleton Teeth	Kidney	Glossy polished shine, (bald look) wrinkles run parallel to ears, crows feet, brittle hair, & nails, Deep-set eyes, removes foot odor in 3 days
♑ Capricorn	CALC PHOS Calcium phosphate	Knees Spleen Skin	Muskmelon Chard apple greens Cabbage Pumpkin Coconut Dandelion Alfalfa Lima bean	Nervous sys Skeleton Endocrine	Triple warmer	Yellow waxy appearance, translucent tips of teeth, white flakes in teeth or fingernails, stretched cheek skin, small or thin lips
♒ Aquar	NATR MUR Sodium Chloride	Legs	Celery Sea salt	Cellular health Water distribution Acid balance	Bladder	Gelatinous lower edge of eyelid, red/greasy hair & dandruff, large pores, bloated look
♓ Pisces	FERR PHOS Iron phosphate (Iron oxide)	Feet Lymph	Coconut Tomato Blackstrap-molasses (Plantation brand)	Nervous sys Hemoglobin Vein strength	Lung	Pale cheeks, bluish black circles under eyes. Red cheeks & ears (fever), sleepless appearance

* 12 Essential Minerals "Tells" for Cellular Health; bib 4

Note: "Gold Bi-Chloride" is added to what has been commonly known as the twelve tissue salts bringing the total to thirteen.

BC-1 Anaemia Calcarea phosphorica 3X Ferrum phosphoricum 3X Kali phosphoricum 3X Natrum muriaticum 6X	BC-2 Asthma, allergies, intolerance Kali phosphoricum 3X Magnesia phosphorica 3X Natrum muriaticum 3X Natrum sulphuricum 3X	BC-3 Colic Calcarea phosphorica 3X Ferrum phosphoricum 3X Kali phosphoricum 3X Magnesia sulphuricum 3X Natrum sulphuricum 3X	BC-4 Constipation Calcarea fluorica 3X Calcarea phosphorica 3X Kali muriaticum 3X Natrum muriaticum 3X Silicea 6X
BC-5 Coryza, Sinusitis Ferrum phosphoricum 3X Kali muriaticum 3X Kali sulphuricum 3X Natrum muriaticum 3X	BC-6 Cough, cold, catarrh Ferrum phosphoricum 3X Kali muriaticum 3X Magnesia phosphorica 3X Natrum muriaticum 6X Natrum sulphuricum 3X	BC-7 Diabetes Calcarea phosphorica 3X Ferrum phosphoricum 3X Kali phosphoricum 3X Natrum phosphoricum 3X Natrum sulphuricum 3X	BC-8 Diarrhoea Calcarea phosphorica 3X Ferrum phosphoricum 3X Kali phosphoricum 3X Kali sulphuricum 3X Natrum phosphoricum 3X Natrum sulphuricum 3X
BC-9 Colitis, Crohn's Disease Ferrum phosphoricum 3X Kali muriaticum 3X Kali phosphoricum 3X Magnesia phosphorica 3X	BC-10 Tonsillitis, general infections Calcarea phosphorica 3X Ferrum phosphoricum 3X Kali muriaticum 3X	BC-11 Fever Ferrum phosphoricum 3X Kali muriaticum 3X Kali sulphuricum 3X Natrum muriaticum 3X Natrum sulphuricum 3X	BC-12 Headaches Ferrum phosphoricum 3X Kali phosphoricum 3X Magnesia phosphorica 3X Natrum muriaticum 3X
BC-13 Leucorrhoea Calcarea phosphorica 3X Calcarea sulphurica 3X Kali phosphoricum 3X Kali sulphuricum 3X Natrum muriaticum 3X	BC-14 Measles Ferrum phosphoricum 3X Kali muriaticum 3X Kali sulphuricum 3X	BC-15 Menstrual problems Calcarea phosphorica 3X Ferrum phosphoricum 3X Kali phosphoricum 3X Kali sulphuricum 3X Magnesia phosphorica 3X	BC-16 Nervous exhaustion Calcarea phosphorica 3X Ferrum phosphoricum 3X Kali phosphoricum 3X Magnesia phosphorica 3X Natrum muriaticum 3X
BC-17 Haemorrhoids Calcarea fluorica 3X Calcarea phosphorica 3X Ferrum phosphoricum 3X Kali muriaticum 3X	BC-18 Periodontitis Calcarea fluorica 3X Calcarea phosphorica 3X Silicea 6X	BC-19 Rheumatism, muscular problems Calcarea phosphorica 3X Ferrum phosphoricum 3X Kali sulphuricum 3X Magnesia phosphorica 3X Natrum sulphuricum 3X	BC-20 Skin Diseases Calcarea fluorica 6X Calcarea sulphurica 6X Kali sulphuricum 3X Natrum muriaticum 6X Natrum sulphuricum 6X
BC-21 Teething Calcarea phosphorica 3X Ferrum phosphoricum 3X	BC-22 Lymphadenitis, abscess Calcarea phosphorica 3X Ferrum phosphoricum 3X Kali muriaticum 3X Silicea 6X	BC-23 Toothache Calcarea fluorica 3X Ferrum phosphoricum 3X Kali muriaticum 3X Kali phosphoricum 3X Silicea 6X	BC-24 Phosphoric tonic Calcarea phosphorica 3X Ferrum phosphoricum 3X Kali phosphoricum 3X Magnesia phosphorica 3X Natrum phosphoricum 3X
BC-25 Acidity, flatulence, indigestion Natrum phosphoricum 3X Natrum sulphuricum 3X Silicea 12X	BC-26 Labour Pains Calcarea fluorica 3X Calcarea sulphurica 3X Kali phosphoricum 3X Magnesia phosphorica 3X	BC-27 Sexual neurasthenia Calcarea phosphorica 6X Kali phosphoricum 3X Natrum sulphuricum 6X	BC-28 Tonic All 12 Schuessler Salts in 6X in equal portions.